

Frankston Dog Obedience Club

Affiliated with the Victorian Canine Association INC. A0024447E

Interested in Agility?

Think that you might have the next agility champion at your place?

The 2017 FDOC Agility Foundation Class begins soon!

Page 8



President's Report

Hello everyone.

It's great to see so many of our members braving these cold winter months to train your four legged children. We are half way through the year already and as you all would have seen our new clubrooms are starting to take shape. Thanks to all for your patience during the renovations and I'm sure you'd agree our club rooms look amazing. The second half of the building work will begin soon, giving us brand new amenities and storage. Thanks to all that have helped during this time. This has made the transition much smoother.

As expected our agility trail held on the 13th May was very successful. A huge thankyou to Penny and her committee that planned the day perfectly. Much thanks goes to Lynn Padfield for her help and allowing our club to use Moorabbin's beautiful grounds.

Contents

Page 1 President's report

Page 3 Flyball News

Page 4 Tracking News

Page 9 New Members

Page 11 Fun day results and reports



If you have an article for the newsletter please email the editor at flyball@fdoc.org.au

President's Report Continued...

Our July Funday has just taken place, with many great dogs and their handlers entering and congratulations to all that took home prizes. Thank you to all that helped make our Funday a success, despite the arctic conditions.

A special thanks to Teresa for her generous donation of our raffle prizes for the day, which helped to raise much-needed funds for the club.

Don't forget to warm up with some hot food and a coffee from our canteen, and remember to dress warmly. Happy training.

Kim Dearden

President Frankston Dog Obedience Club



Regina TD

Taylor Deardens chocolate Lab and much-loved member of the Dearden family.

She is 9 years old, has her tracking dog title, passes in agility and her flyball master champion title.



A special Thank you to 4 legs for their ongoing support of our club fun days, on the fly flyball competition and presentation evening!

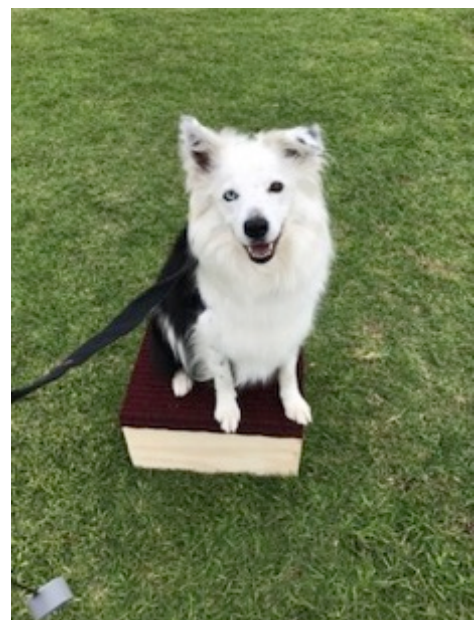
Flyball News

The flyballers have been training hard over the winter refining their skills and gearing up for another fantastic season of racing. Winter always brings a focus on skills rather than racing and it's been great to see all our members developing and fine tuning their dog's abilities.

Two teams braved the cold and travelled to Keilor for the only winter comp. This comp saw Paul Louziotis's Mac and Natasha Sleep's Blue begin their racing careers. It's always exciting to see dogs race their first comp. Both dogs raced flawlessly and achieved their FD titles.

We are gearing up for our annual On The Fly Competition, which will be held on 29th September and look forward to watching some more of our beginners begin their competition career.

In May we completed a fantastic workshop with Sarah from Canine Balance. We developed a better understanding of how to warm up and cool down our dogs and of the kinds of exercises we can do with them to preserve their wellbeing and ultimately help them to stay fit and healthy for longer. It's been fantastic to watch our members implementing these strategies at training.



Tracking News

Our tracking season is well under way with our tracking enthusiast's braving the freezing mornings to have some fun with their dogs.

Training is held the first and third Saturdays of the month, 8am at Baxter Park in Baxter.

If you are just starting out you will need to bring along some soft, small treats to lay along the track and an end reward in a sealed container for the end of the track. (Something your dog will really love)

To start out you will only need your normal lead and a fixed collar. However as you progress our instructors will let you know what further equipment you require.

In this weather, it is a good idea to dress very warmly and perhaps even invest in a pair of gumboots.

John and Albert are our tracking instructors and if you would like to have a go please forward your correspondence to Albert at tracking@fdoc.org.au

A text message will be sent to you on the Friday before tracking to confirm the session is on.



Teddy (Tedmaboy TD, TDX, TDCH and TCH)

From the heart – Mailie and Blue

I got Blue when I was 10; he was my very own dog! I loved him so so much, I wouldn't trade him for the world! He is a purebred Australian Stumpy Tail Cattle Dog (stumpy tail implying he has little or no tail, I get many questions about that!). We also have 3 other dogs but they don't compete in any dogs sports.

The first dog sport I did with Blue was obedience. I got a lot of help and advice from many people in the dog world, however Blue's competitive obedience career didn't go far as he wasn't very interested in it. He would get easily distracted and in an obedience ring you cannot talk to your dog to gain their focus, so we were stuffed!

I thought we should try something a little different, a little more exciting. Rally O! I decided to have a go at rally at one of our Open Trials a couple of years ago. It's just like obedience but with signs instead of spoken instructions and you can speak to your dog as you're going through the course to keep their focus. Blue was a lot better at this and he listened to every command I said, even if it wasn't what I was meant to be doing! Last year, Blue got his Rally Novice title and I'm so very proud of him!

Then I got persuaded to try flyball. I had grown up around flyball; when I was younger, I had a friend who's dad was a flyballer so we would always play around the flyball area. Blue loves the excitement of flyball! He's still learning and not a competition dog yet. However he did race in the Australian Flyball Nationals this year in beginners, and he got equal 3rd in his division!

But even though I've done all these sports with my Blue baby, really that's what he really is to me, my Blue baby. It doesn't matter if your dog has every single obedience or flyball or whatever title to their name, what really matters is the bond you and your dog have. Love isn't measured in titles or trophies. It's measured in cuddles and doggy kisses!



Conditioning Programs Vs Cross Fit Training Exercises

By Sarah McFarlane CCRT, CMT

At the moment there is a great enthusiasm with Canine Conditioning Programs. Conditioning programs should not be initiated lightly. A dog's body must be healthy enough to handle the stresses of the exercises. Improper use of equipment such as fit discs and peanuts can place a dog at risk of injury while ONLY targeting strength and balance.

Safe implementation of *balance* exercises requires healthy ears, eyes and nerves. Initiation of *strength* exercises demands healthy joints, ligaments and muscles. *Endurance* exercises need a healthy heart and lungs. What about *flexibility*?

Optimally, a therapist should be consulted to complete a conditioning evaluation to assess joint and joint capsule integrity, muscle extensibility, posture/muscle balance, strength baseline and baseline endurance. A health assessment will provide important pieces of information to help determine which exercises are most advantageous for the dog and which exercises should not be initiated, particularly if a dog has a history of movement issues such as knocking bars in agility, running around jumps in flyball or reluctance to perform in obedience.

In addition to this Cross Fit Training and stretching go hand in hand. There is proven research that strength and flexibility with reduce reoccurring injury than just one of the activities alone.

Unfortunately, a high percentage of people train their dogs to go in a straight line even though their dog sports require a large portion of lateral motion (side to side movement). Let's look at a few scenarios in an agility dog:

1. Late handler calls causing dogs to completely change a committed movement where muscles overstretch

2. Take off over a jump and then wraps around the jump requires core and trunk strength as well as lateral strength of the front leg joints.

And a flyball dog:

1. Box turns missing the ball causing the dog to change direction immediately causing lateral neck trunk movement as well as lateral strength of all legs joints.
2. Blow with another dog which requires complete change in committed direction.

Obedience performance dogs after as little as 3 hours per week will lengthen their left side of the body and shorten the right side of their body with heel work.

All these scenarios require use of muscles that support lateral movement. This is the most under recognised muscle function needed in most performance sports today. Iliopsoas, shoulder and knee issues with weak cores causes tight backs.

Dogs rely on large muscle groups and don't engage the smaller muscles that help support joints and assist in powerful movement. When a dog relies mostly on large muscles groups it causes muscle imbalance that lends to compensations, weakness and eventually to injury.

Canine cross-fit training helps achieve complete health and wellness at any age of a dogs' life. Canine Balance programs are effective, safe and stimulating through positive reinforcement with equipment you have lying around the house. Young dogs will improve body awareness, canine athletes will increase competitiveness and old dogs will maintain mobility.

For a Cross Fit Training Assessment and Program, members of Frankston Dog Club will receive a 40% discount with Canine Balance. Call 0422 597 866 or email info@caninebalance.com.au for an appointment.



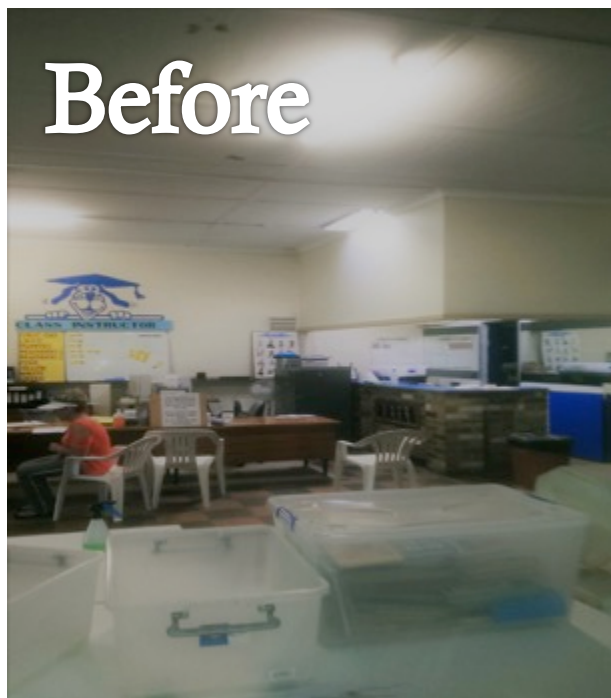
T. CH Clemkirk Custom Made TSD

Lucy has continued on her journey in tacking with having passed both her test 7 and test 8 to gain her T. CH title (Tracking Champion). I then decided to start Track and Search with Lucy. Lucy has passed her test 1, test 2 and test 3 and has now gained her TSD title (Track and Search Dog) and now has also passed her test 4 in Track & Search. Sometimes we don't always pass but Lucy is having fun and really enjoying herself. Without the help and advice from John, Melanie, Albert and Bob, Lucy would never have been able to achieve what she has.

Fran Mills.



Club Room Changes



FDOC AGILITY 2017 FOUNDATION CLASS

THE NEXT AGILITY FOUNDATION COURSE WILL COMMENCE

**9th September, 2017 at 12:45pm and will
run for 9 weeks on the following dates**

**9, 16, 23, 30th September; 7, 14th October;
4, 11, 25th November**

**This course covers the basic skills needed to start
agility - bodywork for your dog and brainwork for
you.**

**It will also help you with your obedience training and
building a good relationship with your dog.**

**It is important that you attend all
classes if possible as new activities are
introduced each week and your
instructor may not be able to help you
catch up**

For enquiries and bookings please
email sandys2@tpg.com.au



2017 Committee

President

Kim Dearden

Vice President

Melanie Larcombe

Treasurer

Janice James

Secretary

Peter Gibson

Committee

Pat Mattingley

Bob Mertens

Lauren Dolley

Candice Storme

Joy Quinn

Natasha Sleep

Tasha Sharp

Bec Dearden

FDOC Welcomes Our New Members

Jaroslav & Barbara Pudo and Pippa
Niki & Gwen Platis – Reisenberg and Olive
Fiona & Andrew Walkley – McCoughtry and Izzie
Belinda & Molly Van Duin and charlie
Kylie Baines and Coco
Bill & Joy Merry and Bomber
Alice & Luke Wynne and Zeus
Valeria & Anthony Cinege and Waffles and Fergus
Kelly & Eloise Parkes and Lacey
Tegan & Rene Lipson - Mans and Kito
Jenny & Tristan Kelly and Lincoln
Travis & Carol Campbell , Campbell-Smith and Milly
Kevin & Kim Meddings – Dann and Tilly and Gus
Joanne Richardson and Lola
Laughlan & Russell Barclay and Joey
Les & Cathy Ogden and Chrissie
Katrina & Phillip Hulley and Eddy
Kelly Bozunovic and Milica
Laura Wever and Skye
Jenna & Leanne Barker and Amy
Sylvia Robinson and Ember
Natasha & Jack Norton – Wrenn and Shadow
Jill & Mitch Smith and Edmund
Katelyn & David Taylor – Iles and Desmond
Jenny & Rod Mante and Champ
Rachael & Suzanne Peters and Tess and Jack
Benita McDonough and Lily
Emile & Igor Sinyavker and Hennessy
Carla & Leon Atkins and Luna and Willow
Hannah & Daniel Martin - Bolwell and Arnie and Lulu
Pauline Dodd and Ruby
Marguerite Beasley and Sami
Ken & Denise Hobbs and Charlie and Cayla
Jo & Braeden Clark and Lucy
Cara Dixon and Mia
Stephanie & Tom Longley – Harris and Wynston and Dusty
Alexandria & Allan Gaza and George
Amanda Mathrick and Roy
Kea Jones and Puffington
Michele & Emma & Josh Brennan and Jetta and Pepsi
Paul Dowling and Riley
Inta & Jekabs Gebert – Gravelsins and Cobber
Kristen Papay and Piper
Julie & Rob Lister and Ricky
Siobhan & Paul Michajlow and Milo

New Members Continued...

Bruce & Laura Watson and Baxter
Alyssa & Corey McKelvie – Jackson and Nacho
Sanna & Scott Mestrom – Jackson and Charles Bukowski
Karen Daykin and Maisy
Nick & Sarah Scott – Peebles and Ted and Izzy
Rob & Samantha Whitehouse and Bonnie
Nick & Anastasia Gladkov _ Dyakova and Yolka
Melinda & Tarkan Takacs - Hamza and Mickey
Janine & Jason Kendell – Little and Alo
Eduard Fainveits and Kendrick
Ashlee McFadzean and Lilly
Andrea & Matthew Smith and Riley
Aria van Es and Olleke
Georgina & William Devereaux and Lola
Nicole & Jeff Facey and Tilly
Brent McDermott and Evie
Mary Drapelidis and Glyka
Wayne Garlepp and Tabitha
David Stacey and Dusty
Mehefin & Fabian Cornale and Rocky
Lou Perry and Weejimmie
Vanessa & Rhys Lacey – Spooner and Bobby
Laura & Mitchell Quinan – Hessling and Wilson
Melanie & Jason Van Stam and Briony and Darcy
Brett & Jo Baker and Ripley
Jess Rossi and Bowie
William Armour and Greta
Deborah & Werner Katz and Koda
Jennie & John Manning and Clancy and Krystal
Allie & Penny Christie and Zaidia
Richard & Danielle Waterer – Lewis and Doug and Daisy
Robert & Jacqueline Grabert – Smith and Sawyer
Louise & Samuel Harmes – Hoy and Frankie
Denise Halliwell and Grace
Ash & Manas Kumar – Sharma and Chewy
Nicole & Paul Smolcic and molly
Paul & Robyn Richards and Hugo
Rhiannon & Lesley Enright and Diesel and Buster
Paul & Dani Mahon – Callanan and Tyla
Kacey & Margaret Peirson – Hare and Gili
Susan & Joji Salesi and Sailor
Courtney Waters and Nuggie
Kim & Ashley Rose – Barker and Henry and Abby
Sally Thornton and Essie
Sarah & Geoff Cross and Kimba
Alex, Anna, Maxim & Nina Ivanov and Amigo

2017 Dates for your diary

Fun Days

8th April

22nd July

21st October

FDOC's Agility Trial

13th May

On The Fly

30th September

FDOC's Obedience Trial

8th October

Christmas Break up

2nd December

AGM

9th December

Presentation Evening

9th December

2018

Working Bee 27/1

Training commences 3/2

Fun Day Results - Agility

A cold start promised a fine day, but the wind freshened and became quite bitter. We were very grateful for the wind breaks erected around our scribe/judges's shelter. Many thanks to the club's wonderful ground crew.

Trainee Judge Megan Smith set some great courses.

Masters Jumping

- 1st Leonie Jasper and Cooper
- 2nd Sue Kerwin and Flynn
- 3rd Roger Padfield and Charlie

Excellent Jumping

- 1st Marg Boreham and Penny
- 2nd Cathy Jaques and Missy
- 3rd Danielle Marsh and Ty

Novice Jumping Tried

- 1st Lisa Retford and Buddy
- 2nd Aven Lines and Wally
- 3rd Lisa Retford and Jackson

Novice Jumping not Tried

- 1st Stephanie Johnson and Peppa

Masters Agility

- 1st Donna Merrilees and Link
- 2nd Sue Kerwin and Flynn
- 3rd Penny Roberts and Izzy

Excellent Agility

- 1st Roger Padfield and Charlie
- 2nd Christa Oertel and Tosca

Novice Agility Tried

- 1st Joanne McComiskie and Jack
- 2nd Suzanne Tracey and Frankie
- 3rd Danielle Marsh and Ty

Novice Agility Not Tried

- 1st Stephanie Johnson and Peppa

Beginner Agility

- 1st Anne Rogers and Jazz



Fun Day Results - Flyball

Beginners 1

- 1st – Bodhi
- 2nd – Portia
- 3rd - Sami

Beginners 2/3

- 1st – Chase
- 2nd – Toby
- 3rd – Blue

Division 1 Pairs

- 1st – Jovi and Colby
- 2nd – Mac and Blue
- 3rd – Gypsy and Chad

Division 2 Pairs

- 1st – Maya and Minx
- 2nd – Pip and Kali
- 3rd – Ash and Rufus



Despite the cold start to the morning, the flyball crew were up and racing at 9am for another fantastic fun day. It was wonderful to see all the beginner dogs working so well and all the handlers enjoying themselves. The competition level pairs divisions both saw very close racing with some races being too close to call a winner!

Big thanks to Matt for judging and to Louise for coming along without her dogs and doing the scribing for us. These days wouldn't be possible without this support.

Fun Day Results - Obedience

Puppy

- 1st – Carmel Croft and Maximus
- 2nd – Pam Shah and Toby
- 3rd – Steve Pels and Tilley

Yellow

- 1st – Amy Laider and Portia
- 2nd – Anna Guzeena and Sochi
- 3rd – Denise Cartland and Boots

Rally Novice

- 1st – Kate Dunkley and Zeke
- 2nd – Anna Guzeena and Sochi
- 3rd – Natasha Sleep and Colee

Beginners 1

- 1st – Helen Revell and Toby
- 2nd – Sheree Ferrett and Alfie
- 3rd - Louise Newman and Winter

CCD

- 1st – Nicola Millward and Spartacus
- 2nd – Kate Dunkley and Minx
- 3rd – Amanda Taylor and Benny

Rally Advanced

- 1st – Natasha Sleep and Blue
- 2nd – Nicola Millward and Spartacus

Beginners 2

- 1st – Charles Mouton and Jac
- 2nd – Lorraine Blogg and Harley
- 3rd – Danielle Marsh and Ty

Veterans

- 1st – Andre Torpy and Axle
- 2nd – Andre Torpy and Banjo

Rally Excellent

- 1st – Natasha Sleep and Jovi

Pink

- 1st – Claudia Howlett and Toby

Rally Masters

- 1st – Anne Rogers and Carlie
- 2nd – Kate Dunkley and Minx
- 3rd – Anne Rogers and Jazz