



FDOC 2022

FOUNDATION #1 COURSE

THE NEXT AGILITY FOUNDATION #1 COURSE WILL COMMENCE

28th May, 2022 at 11am

And run on the following dates

28/5, 4/6, 11/6 (Long weekend), 18/6

This year we are offering the course in 2 parts of 4 weeks each, Foundation #1 and Foundation #2

The courses introduce the Foundation skills required to be able to do agility.

You must attend all classes in Foundation #1 to progress to Foundation #2. Graduation from Foundation #2 allows you to join Beginners Class where you will begin running short courses.

It is important that you attend all classes as new activities are introduced each week and your instructor will not be able to help you catch up missed lessons.

There will be homework to practice each week plus you do need to have the internet available for email, youtube and fb access

For enquiries and bookings please email sandys2@tpg.com.au